



WINDSOR

ONTARIO > ESSEX REGION

- www.citywindsor.ca
- visitwindsoressex.com
- Located in southwestern Ontario, on south shore of the Detroit River
- City population: approximately 229,660 (2021)
- 350 km southwest of Toronto

SISTER CITIES:

Lublin (Poland) // Sainte-Etienne (France)
Fujisawa (Japan) // Mannheim (Germany)
Udine (Italy) // Gunsan (South Korea)
Saltillo (Mexico)
Changchun (China)

City/Suburb

THE CITY OF ROSES

As the southern-most major city in Canada, Windsor lies across the river from Detroit, Michigan. It is the only place where Canada is actually to the south of the USA. The two cities grew together in auto-industry strength over the past century. The annual Freedom Festival in early summer culminates in a joint fireworks display celebrating both countries' national holidays (July 1 for Canada, and July 4 for the USA). Windsor is a moderate city by population, but it holds all the amenities of a larger urban centre. Citizens lack for nothing when it comes to shopping, dining, outdoor recreation and family-oriented events.

Notable features:

- French-Canadian and English heritage blends with immigrants from many various nationalities
- Year-round recreational activities include biking or hiking along the many riverfront and other recreational trails, sailing, golf, as well as snowshoeing or crosscountry skiing
- Main industry is the automotive sector, Caesar's Casino, the University of Windsor and pharmaceuticals
- OHL Hockey league - the Windsor Spitfires

Main Attractions:

- Art Gallery of Windsor: www.agw.ca
- Odette Sculpture Park: www.citywindsor.ca/residents/Culture/Windsor-Sculpture-Park/Pages/Windsor-Sculpture-Park.aspx
- Windsor Symphony Orchestra: www.windsorsymphony.com
- Ambassador Bridge: www.ambassadorbridge.com
- Coventry Gardens & Peace Fountain: www.infowindsor.com/peace-fountain-conventry-gardens
- Ganatchio Trail- 8km of walking, cycling or rollerblading trail
- Windsor Aquatic Centre: www.citywindsor.ca/residents/Recreation/aquatics/windsor-international-aquatic-and-training-centre

Libraries: Public library with many branches

Shopping Malls: 1 large (Devonshire Mall), 1 Outlet Mall (Windsor Crossing), several small mall and boutiques

Movie Theatres: Several multiplex

High Schools: Several - both public and Catholic

Public Transit: Bus service

Transit to school may include: Public bus / School Bus / Walking

Average Temperatures: [° c]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	0	0	5	3	19	25	27	26	22	16	8	1
Low	-8	-7	-2	2	8	14	16	16	12	6	0	-5



LaSALLE

ONTARIO > ESSEX REGION

- <http://www.lasalle.ca>
- visitwindsoressex.com
- Located in southwestern Ontario on the Detroit River
- Positioned just south of the city of Windsor (west end)
- Town population: approximately 30,180 (2016)
- 350 km southwest of Toronto

Notable features:

- Bedroom community for City of Windsor
- LaSalle, along with Windsor, is the oldest French settlement area in Southwestern Ontario, and the oldest continually inhabited European settlement in Canada west of the Quebec border.
- High school students attend either Sandwich Secondary or St. Thomas of Villanova Catholic High School
- Year-round recreational activities include biking or hiking along the riverfront or other recreational trails, sailing, golf, as well as snowshoeing or crosscountry skiing
- Junior hockey team (LaSalle Vipers and LaSalle Sabres), and Soccer team (LaSalle Stompers).

Main Attractions: <http://www.lasalle.ca/en/things-to-do>

- Strawberry Festival- first weekend in June:
- LaSalle Biking Trail which connects to the Windsor Trail network
- Vollmer Culture and Recreation Complex - 2 NHL sized arenas, Indoor Aquatic Centre, Fitness Centre, Outdoor Skateboard Park, 26 soccer pitches, 6 baseball diamonds: <http://www.lasalle.ca/en/things-to-do/vollmer-complex.asp>
- LaSalle Rowing Club: <https://www.lasallerowing.ca/>

Libraries: 1 branch of the Essex County Library

Shopping Malls: small shopping areas in town + Devonshire Mall and Outlet Mall (Windsor Crossing) in Windsor

Movie Theatres: in nearby Windsor - several Multiplex

High Schools: 1 Public and 1 Catholic school

Public Transit: Limited bus service

Transit to school may include: Public bus / School Bus / Walking

City/Suburb

SMALL TOWN CHARM OUTSIDE OF WINDSOR

A bedroom community for the City of Windsor, LaSalle enjoys an affluent lifestyle just minutes from the city. Mainly residential neighbourhoods wind through the many parks and trails found in LaSalle. The Vollmer Culture and Recreation Centre forms the hub of most recreational activity. Steeped in French-Canadian history, LaSalle is one of the oldest French settlements in Ontario although today, English is the main language spoken (approx 10% of residents claim to be bilingual). The Town of LaSalle is closely tied to the City of Windsor as most residents commute to the city for work. Many professors at the University of Windsor call LaSalle home.

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TECUMSEH

ONTARIO > ESSEX REGION

- www.tecumseh.ca
- visitwindsor.essex.com
- Located in southwestern Ontario, on south shore of Lake St. Clair
- Eastern suburb of city of Windsor
- Town population: approximately 23,230 (2016)
- 350 km southwest of Toronto

Notable features:

- Residents take pride in their Franco-Ontario origin, although English is now the predominant language
- Tecumseh includes the village of St. Clair Beach and Sandwich South
- Year-round recreational activities include biking or hiking along the many riverfront and other recreational trails, sailing, golf, as well as snowshoeing or crosscountry skiing
- Main industry is food processing, although many residents commute to Windsor for other industries and work.
- Tecumseh Corn Festival has been recognized as one of the Top 50 Festivals in Ontario by Festivals and Events Ontario

Main Attractions:

- Lake St. Clair waterfront: www.agw.ca
- Ganatchio Trail- 8km of walking, cycling or rollerblading trail
www.citywindsor.ca/residents/parksandforestry/City-Parks/Pages/Ganatchio-Trail.aspx
- Lacasse Park: www.tecumseh.ca/en/things-to-do/parks-and-trails.aspx
- Tecumseh Corn Festival: www.tecumseh.ca/en/things-to-do/corn-festival.aspx

Libraries: 1 branch of the Essex County Library

Shopping Malls: small shopping areas in town + Devonshire Mall and Outlet Mall (Windsor Crossing) in Windsor

Movie Theatres: 1 multiplex

High Schools: Several - both public and Catholic

Public Transit: Bus service

Transit to school may include: Public bus / School Bus / Walking

SISTER CITIES:

Frosinone (Italy)
Oldcastle, County Meath (Ireland)
Tecumseh, Michigan (USA)

City/Suburb

A VIBRANT DESTINATION TO CALL HOME

As a bedroom community for the city of Windsor, Tecumseh enjoys an affluent suburban lifestyle with proximity to international metropolitan cities of Windsor and Detroit (USA), the Lake St. Clair waterfront and the Essex county countryside. Located adjacent to the eastern border of Windsor, Tecumseh offers a comfortable homelife and plenty of recreational opportunities through its 40+ parks (the town maintains 200 acres of parkland within the municipality), a membership-exclusive 18 hole golf course owned by Beach Grove Golf and Country Club, sport arenas and recreational centres.

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Discover: WINDSOR-ESSEX



POINT PELEE - SOUTHERN-MOST TIP OF CANADA



ARTISTIC PARKS



TEEN-FRIENDLY AMENITIES



HIGH CALIBER SCHOOLS



TORONTO: 350km



DETROIT, MICHIGAN (USA): across the river



Windsor/Essex ... Garden Gateway to Canada visitwindsor-essex.com

Welcome to Essex County, At the same latitude as northern California, this is Canada's southernmost county, and one of the most agriculturally productive counties in the country. Located on a peninsula of land that virtually juts out into the midwest United States, this is one of Canada's busiest entry points and tourist areas. So the nicknames for the area, "Sun Parlor of Canada" and "Garden Gateway to Canada" are quite appropriate.

Location: Southwestern Canada, at the border with Detroit, Michigan USA

Outdoor Sports: Bird watching • Boating • Cycling • Fishing • Golfing • Hiking • Horseback Riding • SCUBA • Snowmobiling • Snowshoeing • Skiing (mainly in Michigan, USA)

Recreation for students:

Art Galleries & Artisan shops • Coffee shops • Farmers markets • Festivals • Libraries • Museums • Movies • Music festivals • Parks • Restaurants (formal and fast food) • Shopping malls & centres • Sports • Youth recreational centres

Why Windsor/Essex?

- Choice of urban centre or charming smaller communities
- Windsor is a University city
- Family-oriented city with great teen amenities
- Public and Catholic school choices



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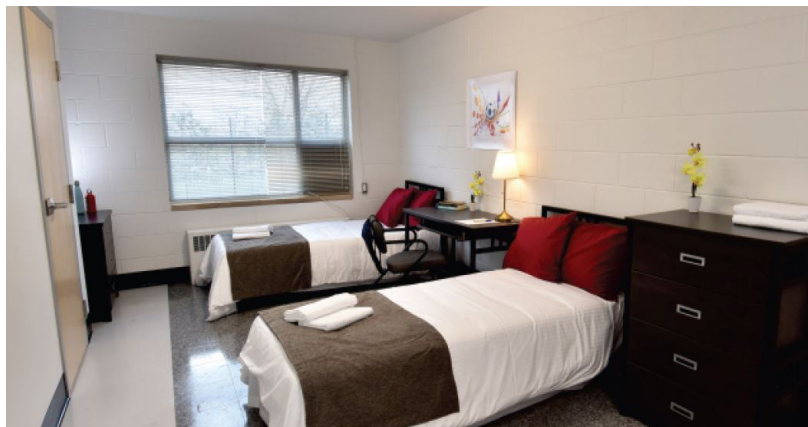
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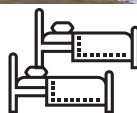
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- Windsor is a University city
- Family-oriented city with great teen amenities
- Public and Catholic school choices

**NEW
2023**

PUBLIC-CATHOLIC SCHOOL & DORMITORY



**Boys and Girls
Ages 14-17**



Double Rooms



**3 Meals daily
(2 daily on weekends)**



ESL Support



SESSIONS LENGTH
5 or 10 months
SEPTEMBER TO JUNE



SCHOOL PLACEMENT
ASSUMPTION COLLEGE
CATHOLIC HIGH SCHOOL



LIMITED SPACE - 60 students
EARLY APPLICATION
RECOMMENDED!



WINDSOR-ESSEX CATHOLIC
DISTRICT SCHOOL BOARD



WELCOME TO THIS UNIQUE PUBLIC-CATHOLIC SCHOOL WITH DORMITORY STAY!

Offered through the Windsor-Essex Country Catholic District School Board, this Dormitory option combines placement at Assumption College Catholic High School with a dormitory accommodation. The dorm is connected to both the upper and middle school buildings.

Staffing/Supervision:

The dormitory has a security guard, card-key access and is staffed 24/7 including weekends and school holiday breaks. These are full time WECDSB staff who oversee the dormitory activities, help students in their day to day, serve meals and monitor dormitory operations.

Meals:

All meals are catered daily from Monday to Friday. Students will eat breakfast and dinner in the dormitory and take a bagged lunch to school, packed daily at the dormitory. Saturday and Sunday meals include brunch and dinner, catered in and served by the WECDSB coordinators responsible for managing the dormitory experience. Students have space (shared shelving and fridges) in the shared dining hall to store their own snacks as they wish.

Rooms:

Each gender is housed on their own floor in the dormitory. Students of different nationalities will be paired in a room together unless other arrangements have been made. Each room is equipped with 2 single beds, all linens, two desks, a closet, a wardrobe, a private safe with combination lock and a sink area for washing. Each floor has a shared washroom, shower room, recreation room with TV and couch plus a private laundry room. Laundry detergent and supplies are included.

SCHOOL OPTION:

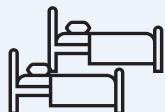


- ASSUMPTION COLLEGE CATHOLIC HIGH SCHOOL

DATES OF STUDY:

- 10 months: September to June
- 5 months / SEM 1: September to end January
- 5 months / SEM 2: February to end June

DORMITORY



Double rooms
Roommate of a
different nationality



A desk for
studying and
homework



Each floor
has shared
washroom,
shower and
laundry



Breakfast
Packed Lunch
(on school days)
Dinner



24hr / 7 days per week
supervision by School
Board Dormitory
Coordinators



SCHOOL + DORMITORY PACKAGE

- Placement at Assumption College Catholic High School
- Student tuition
- Dormitory Accommodation in double room, with roommate of a different nationality but same gender; all linens
- Full board meals (3 meals daily on school days, 2 meals daily on weekends)
- 2 airport transfers - arrival & departure
- Canadian custodianship
- Local coordinator
- Dormitory Supervisor (24/7) through school board
- Regular communication + 2 personal check-ins per semester (in person or virtual) by Local Coordinator
- Reports following each visit
- 24-hour emergency assistance service

PROGRAMME OFFERED IN:



City: [Windsor, Ontario](#)

School: [Assumption College Catholic High School](#)

PROGRAMME INFO

CURRICULUM / CLASSES

The school year offers 8 classes for each school year, separated into two 5-month semesters. Students study 4 subjects in each semester.

Grades 9 and 10 offer a combination of mandatory courses + choice of electives based on student interest. Maths and Sciences are generalized offering a combination of the various areas.

Grades 11 and 12 have a few mandatory courses but at these levels students choose classes based on their post-secondary goals. Maths and Sciences are diversified, allowing students to specialize in select areas of these subjects.

Schools in Canada are comprehensive, and offer courses in the following areas:

- English (language arts)
- Maths
- Sciences
- Social Studies - History, Geography, Law, Economics, Family studies and more
- Arts - music, visual art, drama, dance
- Business Studies
- Computer/IT Studies
- Culinary
- Hospitality
- 3rd languages
- Physical Education
- Robotics
- Technical Studies - Communication, Drafting, Design, Automotive, Mechanical, Woodworking and more

DORMITORY ACTIVITIES

Dormitory coordinators plan student activity 2-3 times a week

ESL

ESL class as part of the dormitory experience. ESL tutoring is provided once weekly by WECDSD for all students included in the cost. Assumption College Catholic High School also offers an ESL programme, where ESL classes can replace a regular English class within the student's timetable.

COVALIDATION

- Students receive credit for successful completion of their courses
- Students receive a transcript
- Covalidation is possible,

MIDDLE SCHOOL

Dormitory and School placement in Grades 7 & 8 may be possible upon special request. Contact your Sales representative to discuss.



EXTRA-CURRICULAR

SPORTS

Competitive sports are a cornerstone of the high school experience. International students are welcome and encouraged to try out!

SPORTS MAY INCLUDE:

- Baseball
- Basketball
- Curling
- Football
- Field Hockey (girls)
- Ice Hockey
- Rugby
- Soccer
- Swimming
- Tennis
- Track & Field
- Volleyball
- Wrestling

Actual sports offered by each school will vary, as may the season in which the sport is played. Regular season play continues into regional and provincial championships. Some sports may require student to try out before being accepted onto a team.

CLUBS

Social, art, academic and interest clubs are an ideal environment for international students to meet their classmates in smaller settings. Friendships are more easily made when you already have a common interest. Clubs meet before or after school, or during the lunch hour.

CLUBS MAY INCLUDE:

- Art club
- Bands - concert, jazz
- Choir
- Drama club
- Environment Club
- Literacy
- Fashion Shows
- Math Contests
- Musical Theatre
- Photography Club
- Prom Committee
- Robotics Club
- Running Club
- Student Council
- Yearbook Team



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PETERBOROUGH

ONTARIO > Peterborough

- www.city.peterborough.on.ca
- <http://thekawarthas.ca/>
- Located in Eastern Ontario on the Otonabee River
- Population: 81,032 (City - 2016) // 121,720 (metro)
- 140 km north east of Toronto, 270 km southwest of Ottawa



Notable features:

- Peterborough is the largest urban centre of this region
- Formally established in 1825 through an intentional enticement of Irish farmers. Many current residents can trace their heritage to these originally settlers. The region, however, had always been a natural portage location, and has an Ojibway name "Nogojwanong" which means "the place at the end of the rapids".
- Otonabee River is part of the Trent-Severn Waterway system
- First town in Canada to use electric streetlights
- Primary industries include manufacturing GE (General Electric) and Quaker Oats.
- Home to Trent University and Flemming College
- Junior "A" level OHL Hockey Team - Peterborough Petes

Main Attractions:

- Trent-Severn Waterway /Peterborough Lift Lock: www.trentsevern.com
- Del Crary Park: www.peterboroughpromotions.com/delcrarypark
- Petroglyphs Provincial Park: www.ontarioparks.com/park/petroglyph
- Festival of Lights: www.ptbomusicfest.ca
- Canadian Canoe Museum: www.canoemuseum.ca
- Artspace: www.artspace-arc.org
- Devil's Elbow Ski Resort (28 km): <http://www.devilselbow.com> or •
- Brimacombe Ski Resort (50 km): brimacombe.ca

Libraries: 2 public library branches

Shopping Malls: Landsdown Place + smaller shopping areas - including clothes and music shops plus fast food eateries.

Movie Theatres: 1 multiplex downtown & 1 drive-through

High Schools: Catholic high schools offered

Public Transit: Public bus system- with central hub for all bus connections

Transit to school may include: Public bus /
School Bus / Walking

SISTER CITIES:

Ann Arbor, MI (USA)

City/Suburb

GATEWAY TO THE KAWARTHAS

The Greater Peterborough Area is a unique community known for its exceptional quality of life and beautiful setting in the Kawarthas tourism region. Peterborough has everything - a multitude of recreational opportunities, a diverse industrial, commercial and agricultural base, quality health care and excellent schools. Rich in heritage, Peterborough is also host to an amazing array of museums, cultural exhibitions, indoor and outdoor galleries and theatres, Aboriginal heritage attractions and historical sites, as well as a vibrant arts community.

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Discover: PETERBOROUGH & THE KAWARTHAS



SCENIC BEAUTY



www.explorekawarthalakes.com

OUTDOOR RECREATION



TEEN-FRIENDLY AMENITIES



ACTIVE AND ACADEMIC SCHOOLS



TORONTO: 140 km



OTTAWA: 270 km



Land of Shining Waters

<http://thekawarthas.ca/>

Known as the land of shining waters - this is a welcoming and peaceful area also alive with the vibrancy and charm of small town Ontario. It's history, culture and interest today is rooted in the establishment of the Trent Severn Waterway that charts a course through the Kawarthas from one famed lift lock in Peterborough to another in Kirkfield. Only 1 - 2 hours from Toronto, this region offers students lakes for water recreation, trails for biking, hiking and cross-country skiing.

Location: 2 hours east of Toronto

Outdoor Sports: Boating • Camping • Cycling • Fishing • Golfing • Go-Karting • Hiking • Hockey • Horseback Riding • Ice Skating • Lazer-Tag • Rollerblading • Rowing • Sailing • Skating • Skiing (recreational) • Snowboarding (recreational) • Snowmobiling

Recreation for students:

• Art Galleries • Coffee shops • Festivals • Libraries • Music concerts • Movies • Museums • Galleries • Restaurants (formal and fast food) • Shopping malls & centres • Sports • Theatre • Youth recreational centres • Historical Buildings

Why Peterborough Region?

- Recreational, lake-land communities
- Small town charm within urban or rural settings
- Friendly and hospitable schools and families
- Year-round activities & sports



GUELPH

ONTARIO > GUELPH REGION

- www.guelph.ca
- Located in south-central Ontario
- Population: approximately 153,000
- 100 km west of downtown Toronto

SISTER CITIES:

Loria (Italy)
Castelfranco Veneto (Italy)
La Castellana (Italy)

City/Suburb

THE ROYAL CITY

Located just over an hour from downtown Toronto, Guelph is a jewel of south-central Ontario. Vibrant, artistic and cultural, students are immediately immersed into traditional and welcoming Canadian culture in a city consistently rated as one of the top 10 desirable living cities. Visitors love the vibrant downtown with its shops and streets lined with Victorian era buildings. Recently, creative cultural tourism has emerged from Guelph's vital heritage, arts and cultural assets and is based on the idea of offering authentic experiences through shops, festivals, restaurants and markets. Just outside the city lie many more amazing outdoor adventure opportunities, including the Grand River Conservation Area.

download the tourism guide:

<http://visitguelphwellington.ca/documents/guelph-visitors-guide-2013.pdf>

Notable features:

- Known as "The Royal City"
- Over 70% of the residents claim origins from the British Isles
- A clean environment, low crime and high standard of living allow Guelph to be consistently rated as one of Canada's top 10 places to live
- The name Guelph comes from the Italian *Guelfo* and the Bavarian-Germanic *Welf*. It is a reference to the reigning British monarch at the time Guelph was founded, King George IV, whose family was from the House of Hanover, a younger branch of the House of Welf
- Economy is largely manufacturing and educational services
- University of Guelph is highly regarded, holding a high reputation in innovative research-intensive programs
- Sports: 2 Local hockey teams, baseball, lacrosse, football & soccer teams

Main Attractions:

- Sleeman Centre: www.guelph.ca/venue/sleeman-centre
- Macdonald Stewart Art Centre: www.msac.ca
- Guelph Civic Museum: www.guelph.ca/museum
- Guelph Lake: www.grandriver.ca
- Church of Our Lady Immaculate: <http://churchofourlady.com>
- Downtown Guelph: www.downtownguelph.com
- Market Square: www.guelph.ca/living/arts-and-culture/market-square

Libraries: 3 public library branches

Shopping Malls: 1 (Stone Road Mall) + small stores/boutiques, vibrant downtown shopping

Movie Theatres: 2 multiplex (Galaxy)

High Schools: 3 Public High Schools + 3 Catholic High Schools

Public Transit: Public bus service; GO commuter bus to nearby Brampton, continuing to Toronto

Transit to school may include: Public bus /
School bus / Walking

Average Temperatures: [° c]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	-4	-3	2	10	17	22	25	24	19	13	5	-1
Low	-12	-12	-7	-1	6	10	13	12	8	3	-2	-9



ORANGEVILLE

ONTARIO > GUELPH REGION

- www.orangeville.ca
- Located in south-central Ontario
- Population: approximately 28,000
- 80 km west of Toronto; 50 km north of Guelph

Small Town

HISTORIC CHARM. DYNAMIC FUTURE.

Nestled in the rolling countryside less than an hour from Toronto and only moments away from the unspoiled, natural beauty of the Niagara Escarpment, Orangeville is infused with small town charm and "big city" amenities. Celebrating its 155 year anniversary in 2018, Orangeville is a quaint suburban town renowned for its safe and family-oriented lifestyle as well as its rich cultural and artistic community. From downtown shopping to canoeing on the lake, from sculpture gardens to stage theatre...visitors must discover for themselves the unique charm of Orangeville.

download the tourism guide:
<http://orangevilletourism.ca/tourism-guide/>

Notable features:

- In 1863, Orangeville was named after Orange Lawrence, a businessman born in Connecticut in 1796 who owned several mills in the village
- This is a preferred bedroom community for families who work in the Greater Toronto area as it offers a safe and suburban family lifestyle
- Town serves as an administrative and commercial hub for regional county
- Orangeville's downtown core is home to several retail stores, including larger stores in the Fairgrounds Shopping Centre
- Economy is largely manufacturing, with retail and banking
- Orangeville Theater holds a high reputation for theatrical excellence

Main Attractions:

- Annual Orangeville Blues & Jazz Festival (www.objf.org)
- Orangeville Theatre: stage plays & concerts (www.theatreorangeville.ca)
- Credit Valley Explorer Tour Train (www.creditvalleyexplorer.com)
- Art Walk of Tree Sculptures (www.orangevilletourism.ca)
- Historic Downtown
- Island Lake Conservation Area (www.creditvalleyca.ca)
- Hockley Valley Ski Resort (www.hockley.com)

Libraries: 3 public library branches

Shopping Malls: 2 (Orangeville Mall & Riocan Fairgrounds) + small stores/boutiques, vibrant downtown shopping

Movie Theatres: 1 multiplex (Galaxy)

High Schools: 2 Public High Schools

Public Transit: Public bus service; GO commuter bus to nearby Brampton or Newmarket

Transit to school may include: Public bus / School bus / Walking

Average Temperatures: [° c]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	-4	-3	2	10	17	22	25	24	19	13	5	-1
Low	-12	-12	-7	-1	6	10	13	12	8	3	-2	-9

Discover: GUELPH REGION



YEAR-ROUND OUTDOOR ACTIVITIES

Photo: Orangeville Tourism



SHOPPING & TEEN-FRIENDLY AMENITIES

Old Quebec Street Shops: GUELPH



SUBURBAN -STYLE NEIGHBOURHOODS



SEVERAL HIGH SCHOOL OPTIONS



A MIX OF URBAN AND RURAL COMMUNITIES



CLOSE PROXIMITY TO TORONTO (80-100 km)



Guelph (Upper Grand) Region... discover the advantages

The Upper Grand District, which encompasses the counties of Wellington and Dufferin, is among Canada's safest and cleanest regions, offering students an amazing immersion experience. Mixing urban with rural communities, students experience all four of Canada's seasons, complete with the festivities and sports. The city of Guelph, the largest urban city in this region, forms part of the "Technology Triangle", known foremost as the home of RIM (Research in Motion), while nearby Orangeville offers traditional suburban living on the outskirts of the Greater Toronto Area. A culturally rich area with museums and theatres; highly regarded academic institutions from high schools to universities, as well as hightech industry and professional sports, this region offers a niche experience for any student.

Location: 80-100 km west of Toronto in south-central Ontario

Outdoor Sports: Boating • Canoeing/kayaking • Cycling • Fishing • Golfing • Hiking • Horseback Riding • Rollerblading • Sailing • Skating • Skiing • Snowboarding • Snowmobiling • Snowshoeing

Recreation for students:

• Art Galleries • Coffee shops • Festivals • Libraries • Music Concerts • Museums • Parks • Restaurants (formal and fast food) • Ski Resorts (nearby) • Shopping malls & centres • Sports • Theatre • Youth recreational centres

Why Upper Grand Region?

- Very picturesque - urban yet safe communities
- Close proximity to larger, urban centres including Toronto
- Few international students
- Schools committed to ensuring each student achieves his/her educational programme goal



GUELPH

ONTARIO > GUELPH REGION

- www.guelph.ca
- Located in south-central Ontario
- Population: approximately 153,000
- 100 km west of downtown Toronto

SISTER CITIES:

Loria (Italy)
Castelfranco Veneto (Italy)
La Castellana (Italy)

City/Suburb

THE ROYAL CITY

Located just over an hour from downtown Toronto, Guelph is a jewel of south-central Ontario. Vibrant, artistic and cultural, students are immediately immersed into traditional and welcoming Canadian culture in a city consistently rated as one of the top 10 desirable living cities. Visitors love the vibrant downtown with its shops and streets lined with Victorian era buildings. Recently, creative cultural tourism has emerged from Guelph's vital heritage, arts and cultural assets and is based on the idea of offering authentic experiences through shops, festivals, restaurants and markets. Just outside the city lie many more amazing outdoor adventure opportunities, including the Grand River Conservation Area.

download the tourism guide:

<http://visitguelphwellington.ca/documents/guelph-visitors-guide-2013.pdf>

Notable features:

- Known as "The Royal City"
- Over 70% of the residents claim origins from the British Isles
- A clean environment, low crime and high standard of living allow Guelph to be consistently rated as one of Canada's top 10 places to live
- The name Guelph comes from the Italian *Guelfo* and the Bavarian-Germanic *Welf*. It is a reference to the reigning British monarch at the time Guelph was founded, King George IV, whose family was from the House of Hanover, a younger branch of the House of Welf
- Economy is largely manufacturing and educational services
- University of Guelph is highly regarded, holding a high reputation in innovative research-intensive programs
- Sports: 2 Local hockey teams, baseball, lacrosse, football & soccer teams

Main Attractions:

- Sleeman Centre: www.guelph.ca/venue/sleeman-centre
- Macdonald Stewart Art Centre: www.msac.ca
- Guelph Civic Museum: www.guelph.ca/museum
- Guelph Lake: www.grandriver.ca
- Church of Our Lady Immaculate: <http://churchofourlady.com>
- Downtown Guelph: www.downtownguelph.com
- Market Square: www.guelph.ca/living/arts-and-culture/market-square

Libraries: 3 public library branches

Shopping Malls: 1 (Stone Road Mall) + small stores/boutiques, vibrant downtown shopping

Movie Theatres: 2 multiplex (Galaxy)

High Schools: 3 Public High Schools + 3 Catholic High Schools

Public Transit: Public bus service; GO commuter bus to nearby Brampton, continuing to Toronto

Transit to school may include: Public bus /
School bus / Walking

Average Temperatures: [° c]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	-4	-3	2	10	17	22	25	24	19	13	5	-1
Low	-12	-12	-7	-1	6	10	13	12	8	3	-2	-9

Discover: GUELPH REGION



YEAR-ROUND OUTDOOR ACTIVITIES

Photo: Orangeville Tourism



SHOPPING & TEEN-FRIENDLY AMENITIES

Old Quebec Street Shops: GUELPH



SUBURBAN -STYLE NEIGHBOURHOODS



SEVERAL HIGH SCHOOL OPTIONS



A MIX OF URBAN AND RURAL COMMUNITIES



CLOSE PROXIMITY TO TORONTO (80-100 km)



Guelph (Upper Grand) Region... discover the advantages

The Upper Grand District, which encompasses the counties of Wellington and Dufferin, is among Canada's safest and cleanest regions, offering students an amazing immersion experience. Mixing urban with rural communities, students experience all four of Canada's seasons, complete with the festivities and sports. The city of Guelph, the largest urban city in this region, forms part of the "Technology Triangle", known foremost as the home of RIM (Research in Motion), while nearby Orangeville offers traditional suburban living on the outskirts of the Greater Toronto Area. A culturally rich area with museums and theatres; highly regarded academic institutions from high schools to universities, as well as hightech industry and professional sports, this region offers a niche experience for any student.

Location: 80-100 km west of Toronto in south-central Ontario

Outdoor Sports: Boating • Canoeing/kayaking • Cycling • Fishing • Golfing • Hiking • Horseback Riding • Rollerblading • Sailing • Skating • Skiing • Snowboarding • Snowmobiling • Snowshoeing

Recreation for students:

• Art Galleries • Coffee shops • Festivals • Libraries • Music Concerts • Museums • Parks • Restaurants (formal and fast food) • Ski Resorts (nearby) • Shopping malls & centres • Sports • Theatre • Youth recreational centres

Why Upper Grand Region?

- Very picturesque - urban yet safe communities
- Close proximity to larger, urban centres including Toronto
- Choice of public or Catholic high schools
- Schools committed to ensuring each student achieves his/her educational programme goal



LONDON

ONTARIO > LONDON REGION

- <https://www.london.ca>
- Located at the confluence of the Thames River in Southwestern Ontario
- Population: 383,822 (2016)
- Approx. 200 km southwest of Toronto

Notable features:

- London and the Thames were named in 1793 by John Graves Simcoe,
- Canada's 11th largest metropolitan area
- Main industry: education, medical research, insurance, and information technology
- Home to the University of Western Ontario, Fanshawe College, and several hospitals
- In 2016, MoneySense magazine ranked London as the fourth best large Canadian city to live in
- OHL: London Knights; Baseball: London Majors; Soccer: London City; Basketball: London Lightning

Main Attractions:

- London Museum: <http://museumlondon.ca>
- Orchestra London Canada: <https://www.londonsymphonia.ca>
- Museum of Ontario Archaeology: <http://archaeologymuseum.ca/>
- Canadian Medical Hall of Fame: www.cdnmedhall.org
- University of Western Ontario: www.uwo.ca
- Grand Theatre: <https://www.grandtheatre.com>
- Fanshawe Pioneer Village: fanshawepioneerivillage.ca
- 9 major parks and gardens throughout the city, many of which run along the Thames River and are interconnected by a series of pedestrian and bike paths, known as the Thames Valley Parkway

Libraries: Public library: 16 branches: www.londonpubliclibrary.ca

Shopping Malls: 3 main shopping centres (White Oaks Mall, CF Maisonville, Westmount) + department stores and small boutiques

Movie Theatres: several multiplex (Galaxy Cinemas)

High Schools: we are currently offering placements in the London Catholic High Schools

Public Transit: local public bus service

Transit to school may include: Public Bus /School bus / Walking

SISTER CITIES:

Nanjing, China

Urban City

THE FOREST CITY

London, known as the Forest City, has everything one looks for in a city – culture, entertainment, shopping, sports - but with the added plus of a friendly ambience that is reminiscent of smaller communities. In recent years, London has increased its international presence by being the host venue for prestigious national and international sport and entertainment events. London also boasts many natural areas throughout the city that are open year-round, including the Thames Valley Parkway, a pedestrian and bike path that runs over 40 kilometres, offering scenic river crossings and is linked to over 150 kilometres of additional pathways connecting all corners of London. London is a top Canadian centre for medical research and education, and has in recent years been voted among the best cities in which to live in Canada. Located mid-way between Windsor and Toronto, London offers all the recreational and educational facilities that international teens seek in their high school placement.

Average Temperatures: [° c]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	-1.9	-0.5	4	12	19	24	26	25	21	14	7	0
Low	-9	-8.5	-4.5	1.5	7	12	15	14	10	4	.5	-6

Discover: London region



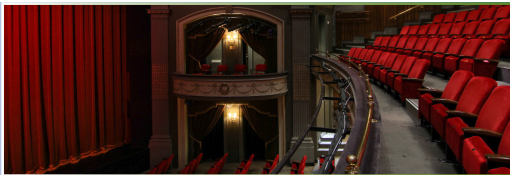
URBAN CITY LIFE



OVER 40KM OF BIKING AND HIKING TRAILS



ONTARIO LEAGUE SPORTS TEAMS



MANY OPPORTUNITIES FOR ARTS/CULTURE



MODERN HIGH SCHOOLS (CATHOLIC)



TORONTO (200 km)



<https://www.londontourism.ca>

Within a two-hour drive of Toronto or Buffalo New York, is the city of London, an urban hub nestled among smaller towns and outlying farms. This region offers all that international students seek - city amenities and a livable lifestyle combined with a rich array of heritage sites, beautiful parks and natural areas, exceptional sporting opportunities

Location: approx. 200 km southwest from Toronto

Outdoor Sports: Boating • Canoeing • Cross-country skiing • Cycling • Fishing • Golfing • Hiking • Horseback Riding • Kayaking • Lacrosse • Roller-blading • Skating

Recreation for students:

Art Galleries • Coffee shops • Festivals • Libraries • Music concerts • Movies • Museums • Parks • Restaurants (formal and fast food) • Shopping malls & centres • Sports • Theatre • Youth recreational centres

Why the London region?

- Few international students in the Catholic schools ensure student receives a true Canadian immersion experience
- Great outdoor sports and activities
- London offers an historically and culturally rich lifestyle



BARRIE

ONTARIO > SIMCOE REGION

- www.tourismbarrie.com
- Located on Kempenfelt Bay on Lake Simcoe
- Population: 161,700 (2023)
- 85 km north of Toronto

SISTER CITIES:

Zweibrücken (Germany)
Murayama (Japan)
Taizhou (China)

City/Suburb

THE HEART OF SIMCOE COUNTY

The City of Barrie is one of Canada's fastest growing and dynamic cities. Located just a 1 hour drive north of Toronto on the shores of Lake Simcoe, this is the ideal suburban community that offers modern and vibrant schools and welcoming host families. Residents of Barrie manage to achieve an important work-life balance that offers plenty of family time. With an abundance of parkland, ski and recreational resorts, a beautiful waterfront and heritage downtown this ever expanding city maintains a community-minded 'small town feeling', yet at the same time offers all of today's modern conveniences - commercial, retail and recreational. With these benefits, Barrie is an ideal spot to call home.

Notable features:

- Barrie has the most ski runs in all of Ontario
- This is one of Canada's fastest growing cities, due in part to it's proximity to Toronto
- Many corporate head offices are considering Barrie as an alternative to Toronto
- OHL (Ontario Hockey League) team: Barrie Colts

Main Attractions:

- Barrie Boat Cruises
- Farmer's Market
- Gryphon Theatre: www.gryphontheatre.com
- McLaren Art Centre: www.maclarenart.com
- Barrie Molsen Centre: www.city.barrie.on.ca
- Horseshoe Valley Ski Resort: www.horseshoeresort.com

Libraries: 1 public library

Shopping Malls: 4 (Georgian Mall, Kozlov Centre, Bayfield Mall, Tanger Outlets in Cookstown - www.tangeroutlet.com- just outside of Barrie) including clothing and music shops plus fast food eateries; boutiques

Movie Theatres: 3 multiplex

High Schools: Several Public Schools

Public Transit: Bus service in town, Commuter GO train/bus service to downtown Toronto (limited schedule)

Transit to school may include: Public bus / School Bus / Walking

Average Temperatures: [° c]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	-6	-4	2	10	17	22	25	23	19	12	4	-3
Low	-17	-16	-9	-2	4	9	12	11	7	2	-3	-12



COLLINGWOOD

ONTARIO > SIMCOE REGION

- www.collingwood.ca
- www.visitsouthgeorgianbay.ca
- Located on the southern shore of Georgian Bay
- Population: approximately 21,795
- 150 km north of Toronto

SISTER CITIES:

Boon, North Carolina (USA)
Zihuatanejo (Mexico)
Katano (Japan)

Small Town

Notable features:

- Major recreational destination for sports enthusiasts and cottagers
- Natural scenic caves and caverns overlook Georgian Bay
- Blue Mountain Resort, a premier ski and snowboard facility
- World class nordic ski trails
- Excellent hiking and road cycling
- Close proximity to Wasaga Beach, the world's longest fresh water beach

Main Attractions:

- Blue Mountain Ski Resort: www.bluemountain.ca
- Wasaga Beach: www.wasagabeach.com
- Scenic Caves: www.sceniccaves.com
- Plunge! Aquatic Centre: www.plungebluemountain.ca
- Collingwood Museum
- Collingwood Harbour
- Collingwood Trails (over 60km): <http://collingwoodtrails.ca>
- Skateboard/BMX park
- Mountainview Horse Stables (8km from downtown): mountainviewstables.ca

Libraries: 1 public library

Shopping Malls: 1 (Collingwood Centre) + Department Stores, boutique clothing and music shops, fast food eateries;

Movie Theatres: 1 multiplex

High Schools: 1 public high school

Public Transit: Bus service in town

Transit to school may include: School Bus / Walking

PREMIER RECREATIONAL DESTINATION

Collingwood is a premier ranked tourist destination. Located on the southern shore of Georgian Bay, Collingwood is home to Ontario's largest mountain ski and adventure resort, Blue Mountain Resort. Residents of Collingwood are called on to promote an active lifestyle through an abundance of nature trails, golf courses and water activity at nearby Wasaga Beach, the world's longest fresh water beach. Small in size, yet continuously expanding, the town of Collingwood combines modern amenities while maintaining old time charm and pride of its history.

Average Temperatures: [° c]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	-6	-4	2	10	17	22	25	23	19	12	4	-3
Low	-17	-16	-9	-2	4	9	12	11	7	2	-3	-12

Discover: SIMCOE



SKI & SNOWBOARDING HILLS: Barrie, Collingwood



YEAR-ROUND OUTDOOR ADVENTURES



TEEN-FRIENDLY AMENITIES



EXCELLENT SCHOOLS



TORONTO: 85-150km



NIAGARA FALLS: 200-250 km



Simcoe County... A Place for All Seasons

www.experiencesimcoe.ca

The communities of the Simcoe Region surround Lake Simcoe and expand to Georgian Bay (to the west) and the Muskoka Region (to the north). Located between 1-2 hours drive from Toronto, this area is rich in history and offers many choices for students including a wide range of town options, hills for skiing and snowboarding, lakes for water recreation and easy access to Toronto

Location: 1-2 hours north of Toronto

Outdoor Sports: Boating • Cycling • Fishing • Golfing • Hiking • Horseback Riding • Rollerblading • Skating • Skiing • Snowboarding • Snowtubing • Snowshoeing

Recreation for students:

• Art Galleries • Coffee shops • Festivals • Libraries • Music concerts • Museums • Parks • Restaurants (formal and fast food) • Ski Resorts • Shopping malls & centres • Sports • Theatre • Youth recreational centres

Why Simcoe?

- Placements close to Toronto
- Several community options
- Outdoor sports year-round
- Many new school facilities



AJAX

ONTARIO > TORONTO EAST

- www.ajax.ca
- Located on the north shore of Lake Ontario
- Population: approximately 109,600
- 45 km east of downtown Toronto (approx. 25 km from the eastern edge of Toronto)

City/Suburb

The Town by the Lake

The Town of Ajax - named for the HMS *Ajax*, a Canadian World War II navy cruiser, was first established in 1941 when a wartime shell plant was constructed. The town grew around the plant providing residency to numerous Canadian soldiers returning from the war. From then to now, the town has increasingly become a bedroom community to Toronto and is a leader in manufacturing. Conscious of preserving its natural heritage, the town's 6 km of waterfront including parks and natural areas (the best in the Greater Toronto Area) remain largely undeveloped for all to enjoy.

Notable features:

- Centre for automobile, aerospace and plastics manufacturing
- Many parks for activities such as soccer, baseball and rugby
- Waterfront Trail crosses the town on the Lake Ontario waterfront as the longest undeveloped waterfront in the Toronto area
- Over 465 acres of parkland and natural areas throughout the town
- Minor league baseball & hockey teams, soccer clubs. Major league Lacrosse team (Ajax Rock). Growing rugby team.
- Ajax Skating Club

Main Attractions:

- Rotary Park
- Greenwood Conservation Area (Waterfront): www.townofajax.com/Page127.aspx
- Durham Shopping Centre
- Southwind Equestrian Centre: www.windsongquestrian.ca
- Ajax Downs Horse Race Track: www.ajaxdowns.com
- Community festivals in every season

Libraries: 3 public library

Shopping Malls: 1 (Durham Shopping Centre) including clothing and music stores plus fast food eateries

Movie Theatres: 1 multiplex

High Schools: 3 public high schools

Public Transit: Public bus system servicing Oshawa, Ajax, Whitby and Pickering; GO train/bus to Toronto

Transit to school may include: Public bus / School Bus / Walking

Average Temperatures: [° C]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	-2	-1	3	10	16	22	25	24	20	13	7	1
Low	-8	-8	-3	2	7	13	16	16	12	7	2	-5

Discover: TORONTO EAST

photo: Tourism Durham

Toronto East ... A pleasant mix of rural charm and urban sophistication

www.durhamtourism.ca

The communities of Toronto East (officially known as Durham Region) are located immediately east of the City of Toronto and offer students the ease and amenities of city life while maintaining a small town appeal. This area offers numerous year-round recreational activities including water and land sports, while at the same time offering easy access to the many attractions of Toronto.

Location: 40-60 km east of downtown Toronto

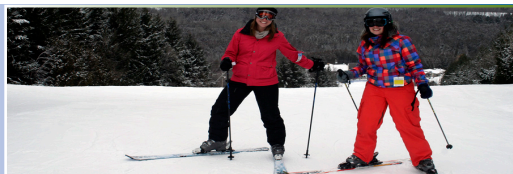
Outdoor Sports: Boating • Cycling • Fishing • Golfing • Hiking • Hockey • Horseback Riding • Ice Skating • Mountain Biking • Rollerblading • Skating • Skiing • Snowboarding • Snowmobiling • Snowtubing

Recreation for students:

- Art Galleries • Coffee shops • Festivals • Fruit Farms (apples, strawberries, corn) • Libraries • Music concerts • Movies • Museums • Parks • Restaurants (formal and fast food) • Ski Resorts (5 in the area) • Shopping malls & centres • Sports • Theatre • Youth recreational centres

Why Toronto East?

- Close to Toronto - 30-50 minute drive to downtown Toronto
- Safe, welcoming communities
- Growing neighbourhoods - new schools
- All communities are joined by one common transit system
- Great value experience



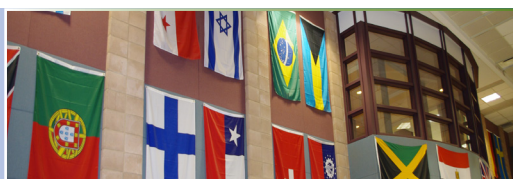
SKI & SNOWBOARDING HILLS



YEAR-ROUND OUTDOOR ADVENTURES



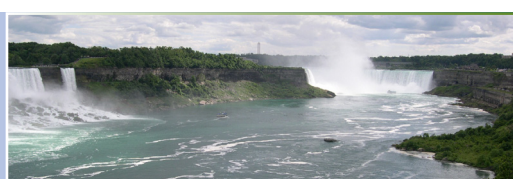
TEEN-FRIENDLY AMENITIES



EXCELLENT SCHOOLS



TORONTO: 40-60 km



NIAGARA FALLS: 190 km





OSHAWA

ONTARIO > TORONTO EAST

- www.oshawa.ca
- Located on the north shore of Lake Ontario
- Population: approximately 152,000
- 60 km east of Toronto

City/Suburb

PREPARE TO BE AMAZED!

The City of Oshawa - whose name originates from the Seneca native term for "crossing of a stream" - is full of small town charm. Yet its close proximity to Toronto offers residents the best of two worlds - the amenities of the urban city as well as the comforts of a suburban neighbourhood. Oshawa also offers a wide variety of shopping, medical, educational, cultural and recreational facilities with numerous activities and attractions for visitors and residents alike. Heritage is critical to Oshawa's identity, and the city is proud to display fabulous murals painted by Canadian artists on several downtown buildings. With a thriving arts scene and three first class post secondary institutions, this spectacular Lake Ontario city has become a dynamic multicultural community. New businesses, a premier sports and entertainment centre and a lovingly restored theatre have brought new vibrancy to the city's core.

Notable features:

- Many of Oshawa's cultural facilities and attractions stem from the interests of the McLaughlin family, the founding family of GM - General Motors Canada Ltd.
- Centre for automobile, aerospace and plastics manufacturing as well as the film industry
- Many parks for activities such as soccer, baseball and rugby
- Waterfront Trail
- OHL Hockey team (Oshawa Generals); Minor league baseball, lacrosse

Main Attractions:

- Canadian Automotive Museum: www.oshawa.ca/tourism
- Robert McLaughlin Gallery: www.rmg.on.ca
- Downtown murals
- Parkwood Estate: www.parkwoodestate.com
- General Motors Centre: www.generalmotorscentre.com
- Oshawa Zoo: www.oshawazoo.ca
- Windfields Farm: www.windfields.com (birthplace of Canada's most famous racehorse, Northern Dancer)
- Oshawa Kicks Soccer Club: www.oshawakicks.com (largest Soccer Club in the City)

Libraries: 4 public library

Shopping Malls: 2 (Oshawa Centre, 5 Points Mall) including clothing and music stores plus fast food eateries

Movie Theatres: 1 multiplex

High Schools: Several

Public Transit: Public bus system servicing Oshawa, Ajax, Whitby and Pickering; GO train/bus to Toronto

Transit to school may include: Public bus / School Bus / Walking

Average Temperatures: [° c]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	-2	-1	3	10	16	22	25	24	20	13	7	1
Low	-8	-8	-3	2	7	13	16	16	12	7	2	-5



PICKERING

ONTARIO > TORONTO EAST

- www.cityofpickering.com
- Located on the north shore of Lake Ontario
- Population: approximately 89,000+
- 40 km east of downtown Toronto with transit options to the city

City/Suburb

Notable features:

- In 2007, the City established a 'Sustainable Pickering' program to ensure growth and development in an environmentally, socially and economically sustainable manner.
- Home to the Pickering Nuclear Generating station
- Primary industries include: Information Technology and Telecommunications, Medical, Biotechnology and Chemical research, Aerospace and Agriculture.
- Waterfront Trail, Frenchman's Bay West Park and Millennium Square are among the several lakefront enhancements

Main Attractions:

- Pickering Museum Village: <http://cityofpickering.com/museum/>
- Frenchman's Bay: www.frenchmansbaymarina.com
- Seaton Hiking Trail: www.seatonhikingtrail.org
- Greenwood and Claremont Conservation Areas
- Waterfront Trails: www.cityofpickering.com/standard/services/maps/images/Waterfront.pdf
- Artfest

Libraries: 5 public library branches

Shopping Malls: 1 (Pickering Town Centre) including clothing and music stores plus fast food eateries

Movie Theatres: 1 multiplex

High Schools: Several - Public and Catholic

Public Transit: Public bus system servicing Oshawa, Ajax, Whitby and Pickering; GO train/bus to Toronto

Transit to school may include: Public bus / School Bus / Walking

THE COMMUNITY OF CHOICE

The City of Pickering like many other communities in this region is a fast-growing suburban community. Located approximately 40 km from Toronto's city centre (and only 20 km from the eastern edge of Toronto), Pickering is considered by many to be an extension of the GTA - Greater Toronto Area. Rich in artistic events such as Artfest, Theatre in the Park and other musical entertainment, Pickering is also a recent advocate of environmental and sustainable lifestyle. The Waterfront Trail is a scenic haven for cycling, in-line skating and leisurely strolls. Pickering was recently recognized by Canadian Living magazine as, "the best place in Canada to raise a family".

Average Temperatures: [° C]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	-2	-1	3	10	16	22	25	24	20	13	7	1
Low	-8	-8	-3	2	7	13	16	16	12	7	2	-5



WHITBY

ONTARIO > TORONTO EAST

- www.whitby.ca
- Located on the north shore of Lake Ontario
- Population: approximately 122,000
- 45 km east of downtown Toronto (approx. 25 km from the eastern edge of Toronto)

SISTER CITIES:

Feldkirch, Vorarlberg (Austria)
Longueuil, Quebec Canada
Whitby (England)

City/Suburb

The Heart of Durham

Established in 1855, The Town of Whitby is one of the fastest growing municipality in the Region of Durham. Located approximately 40-50 minutes from Toronto's city centre, Whitby is a charming suburban community with the amenities of the large city. Residents take pride in their homes, their gardens and the revitalized downtown. Whitby is also home to the Iroquois Park Sports Complex, one of the largest minor sports centres in North America.

Notable features:

- Whitby is the seat of government in Durham Region
- Main industries include: Telecommunications, electronics, technology, pharmaceutical, steel & plastics and publishing
- Home to the **Iroquois Sports Complex**, one of the largest minor sports centres in North America. The facility includes six icepads, a swimming pool, six tennis courts, five ball diamonds, a skatepark, a soccer pitch, a restaurant and the Whitby Sports Hall of Fame.
- Sports teams: Minor league hockey and lacrosse
- Waterfront Trail for cycling or walking

Main Attractions:

- Station Gallery: www.whitbystationgallery.com
- Hunter Farms: www.hunter-farms.com
- Captain Rowe House
- Cullen Central Park
- Whitby Shores Waterfront Trail:
www.waterfronttrail.org/trail-p-whitby.html
- Iroquois Park Sports Complex: www.iroquoispark.com
- Specialized Youth-centred programming: www.whitby.ca/youth/

Libraries: 4 public library

Shopping Malls: 2 outside Whitby (Pickering Town Centre, 5 Points Mall) including clothing and music stores plus fast food eateries

Movie Theatres: 1 multiplex

High Schools: 4 public high schools + 1 private boarding school for girls (Trafalgar Castle School)

Public Transit: Public bus system servicing Oshawa, Ajax, Whitby and Pickering; GO train/bus to Toronto

Transit to school may include: Public bus / School Bus / Walking

Average Temperatures: [° C]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	-2	-1	3	10	16	22	25	24	20	13	7	1
Low	-8	-8	-3	2	7	13	16	16	12	7	2	-5



LAVAL

QUÉBEC > MONTRÉAL SUBURBS

- www.ville.laval.qc.ca
- www.tourismelaval.com
- Located in southwestern Québec
- Population approx. 422,995 (2016)
- 20 km north of Montréal and approximately 120 km south of Mont Tremblant

SISTER CITIES:

Laval (France) , Petah Tikva, (Israel),
Nice (France), Grenoble (France),
Mudanjiang (China), Padua (Italy)

City/Suburb

UNITY, PROGRESS, GREATNESS

Located just north of Montréal across Rivière des Prairies Laval is an island that is still rural in nature with urban areas in the centre and along the river to the west and south. As part of the Greater Montréal area, it is Montréal's largest suburb and the third largest municipality on Québec. Recently ranked one of the top 25 places to live in Canada, Laval offers something for everyone, whether they are seeking an outdoor and nature destination, an evening of culture or entertainment, a recreational scientific attraction or a unique culinary experience. On its own or as an extension of the urban centre of Montréal, Laval is a city that finds harmony between nature and modern urban living.

Notable features:

- Ideal geographical location with close proximity to downtown Montréal, Pierre Trudeau International Airport and the Laurentians mountain region
- Francophone and Anglophone community with English schools
- Four-season recreational destination
- Diverse economy including technology, industrial and retail segments, Pharmaceutical laboratories, industrial parks, stone quarries and agricultural areas

Main Attractions:

- Cosmodôme: www.cosmodome.org
- Parc de la Rivière-des-Mille-Îles: www.parc-mille-iles.qc.ca
- Carrefour Laval Shopping Centre: www.carrefourlaval.ca
- Centropolis - urban lifestyle centre: www.centropolis.ca
- Salle Andre-Mathieu (movie/theatre hall): www.co-motion.ca
- Nature Centre: www.laval.ca/centredelanature
- Eglise St. Vincent De Paul
- Local festivals, events, parades, orchestral and choir performances etc.

Libraries: Several library branches

Shopping Malls: Carrefour Laval (largest in Quebec) + clothing boutiques, music stores etc.

Movie Theatres: several multiplex

High Schools: 2 English-language public high schools

Public Transit: bus/underground metro system servicing all Montréal and suburbs. 3 Metro stops. Approx. 30 minutes to downtown Montréal

Transit to school may include: Public transit (bus, metro) / School bus / Walking

Average Temperatures: [° c]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	-6	-4	2	11	18	23	26	24	19	13	5	-3
Low	-16	-14	-7	0	6	12	14	13	8	3	-3	-12



www.levesquephoto.com

ROSEMÈRE

QUÉBEC > MONTRÉAL SUBURBS

- www.ville.rosemere.qc.ca
- www.basseslaurentides.com
- Located in southwestern Québec
- Population approx. 14,295 (2016)
- 40 km north of Montréal and approximately 100 km south of Mont Tremblant

Small Town

A TOWN IN HARMONY

The Town of Rosemère has long been known for the legendary beauty of its territory and celebrated for the prosperity and harmony of its community life. Rosemère is valued and praised for the unequalled quality of its community life. From outdoor festivities and sports events to cultural activities and arts exhibitions - including a library and a choir - there is plenty of entertainment for locals and visitors to enjoy alike. Lying just to the north of Montréal and Laval and on the Mille-Îles River, Rosemère is a largely Francophone community that was once a much-preferred vacation resort due to its proximity to the city and its shoreline of sandy beaches. The town is noted for its green look, due to the high density of trees.

Notable features:

- Ideal geographical location with close proximity to downtown Montreal and Pierre Trudeau International Airport
- Francophone and Anglophone community with English schools (approx. 77% of town's population is deemed to be Francophone)
- Homes are mostly upscale, varying from renovated cottages to unique character homes. It is almost entirely residential, with no significant industries
- Boulevard Curé-Labelle, the town's main commercial artery, is lined by suburban shops and shopping malls
- Hometown of Alexandre Bilodeau, 2010 gold medal Olympian in Men's Moguls

Main Attractions:

- Place Rosemère shopping centre: www.placerosemere.com
- Société d'Histoire des Mille-Îles: www.shgmi.ca
- Spa le Finlandais: www.spalefinlandais.com
- Sportmax: www.sportmax.ca
- Winter Carnival, year round festivals and town events

Libraries: 1 library branch

Shopping Malls: Place Rosemère Shopping Centre + clothing boutiques, music stores etc.

Movie Theatres: closest would be multiplex theatre is neighbouring St. Therese or in Laval

High Schools: 1 English-language public high school

Public Transit: public bus system, AMT (Metropolitan Transportation Agency) commuter rail to Montreal

Transit to school may include: Public bus / School bus / Walking

Average Temperatures: [°C]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	-6	-4	2	11	18	23	26	24	19	13	5	-3
Low	-16	-14	-7	0	6	12	14	13	8	3	-3	-12

Discover: MONTREAL SUBURBS

www.tourismelaval.com



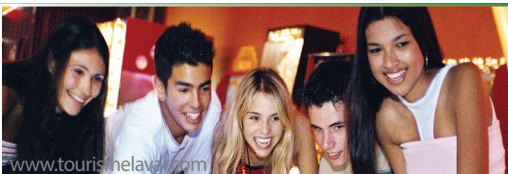
www.tourismelaval.com

BEAUTIFUL BILINGUAL FRENCH/ENGLISH AREA



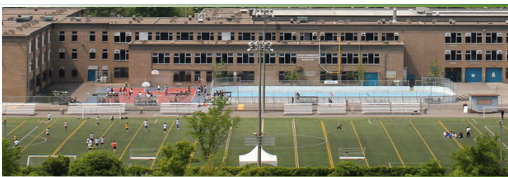
www.tourismelaval.com

YEAR ROUND OUTDOOR RECREATION



www.tourismelaval.com

SHOPPING AND ENTERTAINMENT



SUBURBAN RESIDENTIAL AREAS WITH NEWER SCHOOLS



QUEBEC CITY: approx 250 km



LAURENTIAN SKIING: approx 100 km



MONTREAL SUBURBS: EXPERIENCE QUEBEC'S "JOIE DE VIVRE!"

www.bonjourquebec.com
www.tourismelaval.com

The communities of the Montréal Suburbs (officially known as the Communauté métropolitaine de Montréal, CMM) make up Canada's second most populous area. These communities create a ring around Downtown Montréal and are categorized by the inner ring and outer ring. The densely populated communities in the inner ring include Laval, Longueuil and Rosemère (just across the river north of Laval). The region has a good mix of Francophone and Anglophone residents. In all these towns, the local people are friendly and display typical Québec hospitality that comes from the heart.

Location: 30-40 minutes north of Montréal

Outdoor Sports: Bird watching • Boating • Cross Country Skiing • Cycling • Dog-sledding • Fishing • Golfing • Hiking • Horseback Riding • Jet Boating • Rock Climbing • Rollerblading • Skating • Skiing • Snowboarding • Snowmobiling

Recreation for students:

Coffee shops • Festivals • Libraries • Music concerts • Movies • Museums • Parks • Restaurants (formal and fast food) • Ski Resorts (1-2 hours drive) • Shopping malls & centres • Sports • Sugar Bushes • Theatre • Youth recreational centres

Why Montreal Suburbs?

- Safe and affluent neighbourhoods close to Montréal
- Newer schools, larger single family homes
- All communities are joined by one transit system
- Easy commute to Montreal via metro
- Plenty of outdoor recreational opportunities



RED DEER

ALBERTA > CENTRAL ALBERTA REGION

- www.reddeer.ca
- www.tourismreddeer.com
- Located in the aspen parkland, a region of rolling hills focused on oil, grain, and cattle production
- 145 km north of Calgary, 150 km south of Edmonton
- Population: approximately 100,420 (2016)

City/Suburb

THE HEART OF ALBERTA

Red Deer is located mid-way between Calgary and Edmonton, with the majestic Rocky Mountains to the west, and the Alberta Badlands to the southeast. As the third largest town in Alberta, Red Deer is a hub of tourism, culture, entertainment, heritage and business. Known for its beautiful parks and friendly hospitality, Red Deer is also an ideal community for outdoor sport enthusiasts with downhill and cross-country ski trails, hiking and cycling paths, numerous golf courses as well as a wide variety of typically Canadian adventure opportunities. High family values make this an ideal immersion into traditional Canadian life.

Notable features:

- Centre for oil and agriculture distribution, and the surrounding region is a major centre for petrochemical production
- Third most populous city in Alberta after Calgary and Edmonton
- Primary industries include oil, grain and cattle farming
- Rich parkland and many opportunities for outdoor sports and activities, as well as teen-friendly recreation
- Red Deer hosts junior and minor league sports from hockey to soccer and American football

Main Attractions:

- Canyon Ski Resort: www.canyonski.ca
- Collicut Sports Centre: <http://www.reddeer.ca/recreation-and-culture/recreation-facilities/collicutt-centre/>
- Waskasoo Park: www.waskasoopark.ca
- Discovery Canyon: www.discoverycanyonpark.ca
- Alberta Sports Hall of Fame and Museum: www.albertasportshalloffame.com
- Red Deer Public Market

Libraries: 2 public library branches

Shopping Malls: 3 malls including department stores, clothing and music stores and fast food eateries

Movie Theatres: 3 multi-plex

High Schools: several High Schools - both public and Catholic

Public Transit: Public bus / transit system

Transit to school may include: Public bus / School Bus / Walking

Tourism Guide:

<http://www.tourismreddeer.com/about-red-deer/guides-downloads.aspx>

Average Temperatures: [° c]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	-8	-4	1	10	17	21	22	22	17	12	0	-6
Low	-19	-17	-11	-3	3	7	9	8	2	-3	-12	-18

Discover: CENTRAL ALBERTA



RANCH LIFE - OPPORTUNITIES FOR HORSE RIDING



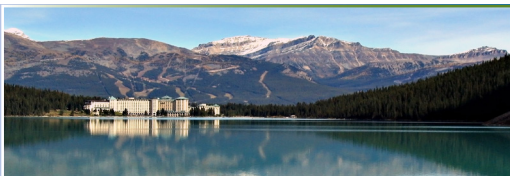
OUTDOOR SPORTING OPPORTUNITIES
© Tourism Red Deer



FAMILY-ORIENTED NEIGHBOURHOODS
© Tourism Red Deer



CALGARY: 145 km // EDMONTON: 150 km



LAKE LOUISE: 320 km



BANFF NATIONAL PARK (Rocky Mountains): 260 km



Central Alberta ... Where Culture Shines!

www.travelalberta.com

Central Alberta is the province's heartland, with lush agricultural areas and communities that take pride in their history and culture. The small towns and rural communities of Central Alberta welcome visitors with warmth and friendly western hospitality. Towns feature many attractions and year-round events.

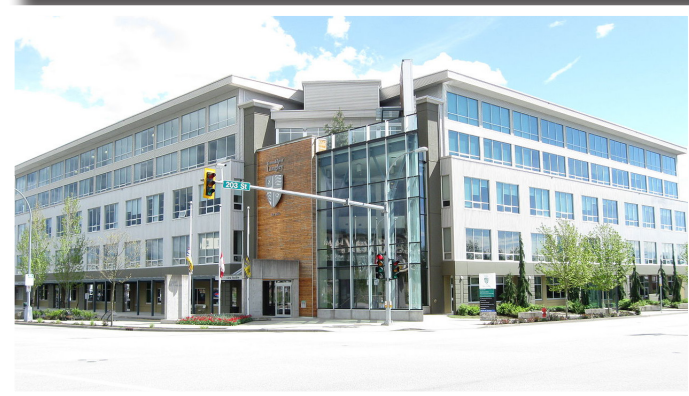
Location: South-Central Alberta

Outdoor Sports: Bird Watching • Boating • Canoeing • Caving • Cross-Country Skiing • Cycling • Fishing • Fly Fishing • Golfing • Hiking • Horesback Riding • Kayaking • Mountain Biking • Rock Climbing • Roller-blading • Skating • Skiing • Snowboarding • Spelunking • White Water Rafting • Wildlife viewing

Recreation for students: Aboriginal Culture • Art Galleries • Coffee shops • Festivals • Libraries • Music concerts • Movies • Museums • Parks • Restaurants (formal and fast food) • Ski Resorts • Shopping malls & centres • Sports • Theatre • Youth recreational centres

Why Central Alberta?

- Western culture
- Small communities - complete immersion in Canadian life - but located close to urban centres
- Outdoor activities available year-round from skiing, horse-back riding and hiking to water sports



LANGLEY

BRITISH COLUMBIA > VANCOUVER COAST

- www.cityoflangley.ca
- Located directly east of Surrey in southwestern BC
- The City of Langley is considered a separate political entity, and is located in the region of Langley
- Regional Population: 105,000 // City of Langley: 25,100

SUBURB/CITY

THE PLACE TO BE

A region originally settled by First Nations people, the Township of Langley expanded with European settlement in the late 1800s with the completion of the Canadian national railway. Today, much of the regional area remains green and protected by inclusion in the Land Reserve (ALR). Most of the population is settled in 7 main communities/cities, including the City of Langley. The City's regional town centre is one of the most active industrial and service commercial land bases in the Lower Mainland. With a base of retail, restaurants and a Polytechnic University campus located right in town, the City maintains a community feeling while also offering art, culture and entertainment opportunities including a variety of scenic parks and trails in which to walk, bike, skate, hike, horseback or even picnic with the family. Langley is also home to many state-of-the-art recreational facilities including gymnasiums, indoor swimming pools, and roller and ice skating rinks.

Notable features:

- The City of Langley is a separate entity, located within the general Township of Langley
- Langley is suburban in style, with many businesses and shopping areas spread throughout the city
- Fort Langley is considered by many as the "birthplace of BC"
- Strong equine presence - region is considered Horse Capital of BC. Approx 7% of all BC horse farms are located in this region.
- Over 80% of residents are of European background
- Chief industries include: agriculture, health care and technology
- Sports: National Lacrosse, Junior Hockey league, Junior Football

Main Attractions: (not including City of Vancouver sites & attractions)

- Fort Langley www.pc.gc.ca/eng/lhn-nhs/bc/langley/visit.aspx
- Birthplace of BC Gallery: www.bcgallery.ca
- 2 wineries www.thefortwineco.com // vistadoro.com
- Numerous parks
- Langley Community Music School: www.langleymusic.com
- Rec Hockey program: <http://www.cityoflangley.ca/recreation-community/youth>

Libraries: 1 main public library branch

Shopping Malls: Willowbrook Shopping Centre, Langley-By-Pass "Power Centre" + many other smaller shopping areas

Movie Theatres: 1 Multiplex cinema (Cineplex Cinemas Langley)

High Schools: Many Public High Schools

Public Transit: Public city bus service + bus service connecting Langley to its neighbouring cities

Transit to school may include: Public bus / School Bus / Walking

Average Temperatures: [° c]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	5	7.5	10	13	17	19	23	23	20	14	8	5
Low	-6	1	2	4	7	10	11	11	9	6	2	1

Discover: Vancouver Coast



Vancouver Coast... All things are possible

<http://vcmbc.com>

Mountains, oceans, lakes, rivers and beaches – this region boasts them in breathtaking abundance and beauty. The spectacular setting provides the venue for a vast array of outdoor adventures. The climate in Vancouver is mild and temperate, but the region's mountains are equally renowned for their epic snowfalls. Come see why this region was selected to host the 2010 Olympic and Paralympic Winter Games.

Location: off western shore of mainland British Columbia

Outdoor Sports: Boating • Canoeing • Cross-Country Skiing • Cycling • Diving • Fishing • Fly Fishing • Golfing • Hiking • Horesback Riding • Kayaking • Mountain Biking • Roller-blading • Skating • Skiing • Snowboarding • Whale Watching • White Water Rafting

Recreation for students: Aboriginal Heritage • Art Galleries • Coffee shops • Festivals • Libraries • Music concerts • Movies • Museums • Parks • Restaurants (formal and fast food) • Ski Resorts • Shopping malls & centres • Sports • Theatre • Youth recreational centres

Why Vancouver Coast?

- Beautiful region - mountains and ocean views
- Excellent recreation - skiing/snowboarding, wildlife viewing
- Sail in the morning, ski in the afternoon
- Safe, suburban lifestyle within an urban setting



CLOSE TO SKIING-SNOWBOARDING



ACTIVE LIFESTYLE



YEAR-ROUND OUTDOOR ACTIVITIES



FAMOUS SITES & ABORIGINAL CULTURE



SUBURBAN NEIGHBOURHOODS WITH NICE HOMES



CITY OF VANCOUVER: CLOSE PROXIMITY

BRITISH COLUMBIA





NANAIMO

BRITISH COLUMBIA > VANCOUVER ISLAND

- www.nanaimo.ca
- www.tourismnanaimo.com
- Located on the eastern coast of Vancouver Island
- 113 km north from Victoria
- Population: 90,505 (2016)
- Shares school district with Ladysmith

SISTER CITIES:

Iwatsuki-ku, Saitama City (Japan)

City/Suburb

THE GATEWAY TO VANCOUVER

With breathtaking views, exciting attractions, and friendly people, Nanaimo, located on the eastern coast of Vancouver Island, is the premier gateway to mainland Vancouver from Vancouver Island. Its excellent deep harbour has made it an important distribution and regional centre.

Nanaimo is the third oldest city in British Columbia and the second largest on Vancouver Island. Nanaimo offers world-class recreational facilities for diving, hiking, biking, kayaking, golf, shopping and much more. It is also home to the famous "Nanaimo Bar" dessert.

Notable features:

- Bowen Park recreation park features a petting zoo, a nature centre, swimming and wading pools, hiking trails and more
- The 4km Harbourside Walkway is dotted with vibrant art galleries featuring First Nations and Canadian crafts and great restaurants.
- Mainland Vancouver is accessible by BC Ferry - (1 h 35 min) - from Departure Bay (Nanaimo) to Horseshoe Bay (North Vancouver)
- Minor League Hockey, Football and Lacrosse
- **Shares the school district with Ladysmith, so students may be placed in either community**

Main Attractions:

- Nanaimo District Museum & Bastion: www.nanaimomuseum.ca
- The Nanaimo Art Gallery: www.nanaimoartgallery.com
- Old City Quarter: www.oldcityquarter.com
- The Scotch Bakery (home of the Nanaimo Bar)
- Harbourfront Walkway
- Downtown Farmers' Market: www.NanaimoFarmersMarket.com
- Year round arts and music festivals
- Newcastle Island: <http://newcastleisland.ca/>

Libraries: 2 public library branches

Shopping Malls: 6-7 shopping centres featuring clothing and music stores and fast food eateries

Movie Theatres: 2 Multiple

High Schools: Several Public High Schools in Nanaimo + 1 Public High School in Ladysmith

Public Transit: Public bus system servicing all Nanaimo, and connecting to Qualicum Beach and Parksville
Direct Sea Ferry from Nanaimo to Vancouver

Transit to school may include: Public bus / School bus / Walking

Average Temperatures: [° c]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	6	8	11	13	17	21	24	24	21	14	9	6
Low	-2	-1	1	3	6	9	11	11	8	4	1	-1



© Tourism Ladysmith



© Tourism Ladysmith

LADYSMITH

BRITISH COLUMBIA > VANCOUVER ISLAND

- www.ladysmith.ca
- Located on 49th parallel, on the eastern coast of Vancouver Island
- 90 km north from Victoria; 23 km south of Nanaimo
- Population: 8,537 (2016)
- Shares school district with Nanaimo

Small Town

HERITAGE BY THE SEA

Located in the beautiful Cowichan Valley on Vancouver Island, the Town of Ladysmith features all of the warmth and charm of small town living with a full range of services and amenities. Ladysmith offers world-class outdoor recreational opportunities; a renowned trail system through picturesque forests; first-class shopping and dining in the historic downtown area; and fun-filled waterfront activities at pristine Transfer Beach. Above all, Ladysmith is known for its abundance of community spirit and the opportunity to try anything: swim, play, shop, eat, stroll, hike, bike, kayak or sail. Within close proximity of larger Nanaimo, students truly get the best of Canadian immersion.

Notable features:

- Has been named one of the 10 prettiest towns in Canada
- Mediterranean-like climate features mild winters and warm summers
- Turn-of-the-century architecture, a rich history as well as delightful festivals and special events
- Harbour is so rich in shellfish it supports three oyster companies
- **Shares the school district with Nanaimo, so students may be placed in either community**

Main Attractions:

- Holland Creek Trail & Ladysmith trail system: www.ladysmith.ca/parks-recreation-culture/overview
- Winter Festival of Lights: www.ladysmithfol.com
- Ladysmith Harbour (kayaking): www.sealegskayaking.com
- Outdoor amphitheater
- Marine Festival (May): www.ladysmithmaritimesociety.ca/festival.html
- Artisan studios
- Fisherman's Wharf: www.ladysmithfishermanswharf.com

Libraries: 1 branch of the Vancouver Island Regional Library

Shopping Malls: 1 shopping centre (Coronation Mall) featuring clothing and music stores and fast food eateries. Boutiques along Historic First Avenue.

Movie Theatres: closest theatres are located in Nanaimo

High Schools: 1 Public High School in Ladysmith + 3-4 Public High Schools in Nanaimo

Public Transit: Taxi service only in Ladysmith. Public bus system servicing Nanaimo, and connecting to Qualicum Beach and Parksville // Direct Sea Ferry from Nanaimo to Vancouver

Transit to school may include: Walking

Average Temperatures: [° c]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	6	8	11	13	17	21	24	24	21	14	9	6
Low	-2	-1	1	3	6	9	11	11	8	4	1	-1

Discover: Vancouver Island



AMAZING SKIING-SNOWBOARDING
© CTC - Canadian Tourism Commission



OCEANSIDE - WHALE WATCHING, SURFING
© CTC - Tourism British Columbia



YEAR-ROUND OUTDOOR ACTIVITIES



WILDLIFE VIEWING
© CTC - Tourism British Columbia



ABORIGINAL HERITAGE
© CTC - Tourism British Columbia



VICTORIA: CAPITAL CITY OF BRITISH COLUMBIA



Vancouver Island... the Island with Everything!

www.vancouverisland.travel

Just off the coast of mainland British Columbia and a ferry-ride from Vancouver lies Vancouver Island, known for its mild climate and scenic beauty. Marine parks with abundant sealife, alpine lakes and top notch mountain ski resorts offer visitors endless recreational opportunities combined with safe and peaceful community living.

Location: off western shore of mainland British Columbia

Outdoor Sports: Boating • Canoeing • Cross-Country Skiing • Cycling • Diving • Fishing • Fly Fishing • Golfing • Hiking • Horesback Riding • Kayaking • Mountain Biking • Rollerblading • Skating • Skiing • Snowboarding • Sufing (Tofino), Whale Watching • White Water Rafting

Recreation for students: Aboriginal Heritage • Art Galleries • Coffee shops • Festivals • Libraries • Music concerts • Movies • Museums • Parks • Restaurants (formal and fast food) • Ski Resorts • Shopping malls & centres • Sports • Theatre • Youth recreational centres

Why Vancouver Island?

- Beautiful region - mountains and ocean views
- Excellent recreation - skiing/snowboarding, kayaking, wildlife viewing, whale-watching, surfing and more!
- No where does climate allow you to you to ski and kayak in the same day!
- Wide choice of communities - from urban centres to charming smaller towns



SOOKE

BRITISH COLUMBIA > VANCOUVER ISLAND

- www.sooke.org
- www.discoversooke.com
- Located at the southern tip of Vancouver Island
- Approx. 40 km (45 minutes) from Victoria
- Population: 13,000 (2016)

Small Town

WHERE THE RAINFOREST MEETS THE SEA

Located a scenic half hour drive from BC's capital city of Victoria, Sooke has one of the most mild climate in Canada. Sooke offers something for everyone, appealing to interests such as music, drama, arts and crafts, photography, gardening and a wide variety of sports. It is also world famous for its marine ecology and eco-tours, including whale-watching. Considered a bedroom community for Victoria, Sooke offers the best of both worlds - small town friendliness with urban amenities.

Notable features:

- Many residents work in nearby Victoria, establishing Sooke as a "bedroom community" of the capital. It is the westernmost of the Greater Victoria region's "Western Communities", situated to the north and west of the Sooke Basin.
- Main industry today is Scenic Tourism
- 3 large provincial parks are located in the Sooke basin
- One of the most mild climates in Canada
- Ideal placement for students who would enjoy hiking or mountain biking on local trails, or sea kayaking/sailing in the local waters

Main Attractions: *(not including those in Victoria proper)*

- Sooke Region Museum: www.sookeregionmuseum.com
- Galloping Goose Trail: www.gallopinggoosetrail.com
- Juan de Fuca Marine Trail & Coast Trail
<http://vancouverisland.com/things-to-do-and-see/parks-and-trails/trails/coast-trail/>
- Sooke Potholes Provincial Park
- Sooke Fine Arts Festival: sookefinearts.com
- Several local parks including Whiffin Spit and Witty's Lagoon

Libraries: 1 public library

Shopping Malls: closest shopping centres are located in Victoria proper (10+ shopping centres across the city)

Movie Theatres: closest theatres are located in Victoria proper (10+) or in Langford

High Schools: 3 Public High Schools

Public Transit: Public bus system servicing all Greater Victoria Area + BC Ferries to Mainland BC

Transit to school may include: Public transit / School Bus / Walking

Average Temperatures: [° c]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	6	8	10	13	16	19	22	22	19	14	9	7
Low	0	1	2	3	6	9	11	11	8	5	2	1



VICTORIA'S WEST SHORE Langford • Colwood

BRITISH COLUMBIA > VANCOUVER
ISLAND

- www.cityoflangford.ca // www.colwood.ca
- <http://www.victoriabc.ca/westshore>
- Located at the southern tip of Vancouver Island
- Southwestern suburbs of Victoria
- Population: Langford: 35,342 (2016) // Colwood: 16,859 (2016)
- Both communities are connected to each other and are part of "West Shore", Greater Victoria



Small City/Suburb

VICTORIA'S WEST SHORE

With its central location, Langford is becoming the commercial core of the West Shore. Langford is well served by highways, rail and bus to Victoria and the rest of Vancouver Island. Located on the southern end of Vancouver Island, the City of Langford is a young and growing community of about 30,000, and is one of the fastest growing communities in the Victoria area. Langford is a shopping and an activity destination.

Colwood, at 10 kilometres from Victoria is located on a series of hills sloping up from the sea allowing many locations excellent ocean views. Although largely a residential area, Colwood has a growing commercial core and some impressive heritage attractions like the St. John Baptist Church, Fisgard Lighthouse and the Hartley Castle which is located on the grounds of Royal Roads University.

Notable features:

- This region lies to the southwest of Victoria - between 30-60 minutes from downtown Victoria
- 3 large provincial parks are located in the Sooke basin
- One of the most mild climates in Canada
- Ideal placement for students who would enjoy hiking or mountain biking on local trails, or sea kayaking/sailing in the local waters
- **Schools are part of the Sooke School District**

Main Attractions: *(not including those in Victoria proper)*

- Galloping Goose Trail: www.gallopinggoosetrail.com
- Juan de Fuca Marine Trail & West Coast Trail
- Goldstream Park Provincial Park: www.naturehouse.ca/
- West Shore Skatepark: <http://westshoreskateboarding.com/>
- City Centre Park/Rugby Canada: www.rugbycanada.ca/
- Hatley Castle: www.hatleypark.ca
- Fisgard Light Station: fisgardlighthouse.com
- Westshore Recreation: www.westshorerecreation.ca/

Libraries: Victoria public library branches in each community

Shopping Malls: [WestShore Town Centre](#), +shopping centres are located in Victoria proper (10+ shopping centres across the city)

Movie Theatres: Westshore Cineplex (multiplex)

High Schools: 2 NEW Public High Schools (1 in each community)
Schools are part of the Sooke School District

Public Transit: Public bus system servicing all Greater Victoria Area
+ BC Ferries to Mainland BC

Transit to school may include: Public transit / School Bus / Walking
(both high schools offer bus service if required/qualified)

Average Temperatures: [° C]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	6	8	10	13	16	19	22	22	19	14	9	7
Low	0	1	2	3	6	9	11	11	8	5	2	1

Discover: Vancouver Island



AMAZING SKIING-SNOWBOARDING
© CTC - Canadian Tourism Commission



OCEANSIDE - WHALE WATCHING, SURFING
© CTC - Tourism British Columbia



YEAR-ROUND OUTDOOR ACTIVITIES



WILDLIFE VIEWING
© CTC - Tourism British Columbia



ABORIGINAL HERITAGE
© CTC - Tourism British Columbia



VICTORIA: CAPITAL CITY OF BRITISH COLUMBIA



Vancouver Island... the Island with Everything!

www.vancouverisland.travel

Just off the coast of mainland British Columbia and a ferry-ride from Vancouver lies Vancouver Island, known for its mild climate and scenic beauty. Marine parks with abundant sealife, alpine lakes and top notch mountain ski resorts offer visitors endless recreational opportunities combined with safe and peaceful community living.

Location: off western shore of mainland British Columbia

Outdoor Sports: Boating • Canoeing • Cross-Country Skiing • Cycling • Diving • Fishing • Fly Fishing • Golfing • Hiking • Horesback Riding • Kayaking • Mountain Biking • Roller-blading • Skating • Skiing • Snowboarding • Sufing (Tofino), Whale Watching • White Water Rafting

Recreation for students: Aboriginal Heritage • Art Galleries • Coffee shops • Festivals • Libraries • Music concerts • Movies • Museums • Parks • Restaurants (formal and fast food) • Ski Resorts • Shopping malls & centres • Sports • Theatre • Youth recreational centres

Why Vancouver Island?

- Beautiful region - mountains and ocean views
- Excellent recreation - skiing/snowboarding, kayaking, wildlife viewing, whale-watching, surfing and more!
- No where does climate allow you to you to ski and kayak in the same day!
- Wide choice of communities - from urban centres to charming smaller towns



Photo: www.whistler.com



WHISTLER

BRITISH COLUMBIA > SEA-TO-SKY

- www.whistler.ca
- www.whistler.com (Tourism site)
- Located in the southern Coast Mountains, approx. 60 km north of Squamish, and 125 km north of Vancouver
- Population: 11,850 permanent residents, with larger seasonal tourist and temporary workers (2016)

Small Community

HOME OF WHISTLER-BLACKCOMB

Located in the Coast Mountain Range of British Columbia, Whistler is Canada's premier, year-round destination. Whistler features two majestic mountains with a vibrant base Village, a long skiing and snowboarding season, four championship golf courses, unbeatable shopping, restaurants, hiking trails, spas and arguably the best mountain bike park in the world. Apart from this adventure resort, Whistler is also home to nearly 10,000 permanent residents who make this their home. With one public high school, international students are welcomed into a vibrant and active community, and can actively participate in all that this spectacular region has to offer.

Notable features:

- Over two million people visit Whistler annually, primarily for alpine skiing and snowboarding and, in summer, mountain biking at Whistler-Blackcomb
- The pedestrian village has won numerous design awards and Whistler has been voted among the top destinations in North America by major ski magazines since the mid-1990s
- During the 2010 Winter Olympics, Whistler hosted most of the alpine, Nordic, luge, skeleton, and bobsled events, though freestyle skiing and all snowboarding events were hosted at Cypress Mountain near Vancouver.

Main Attractions:

- Whistler-Blackcomb: www.whistlerblackcomb.com
- PEAK 2 PEAK Gondola: <https://www.whistlerblackcomb.com/explore-the-resort/activities-and-events/summer-activities/peak-2-peak-360-experience.aspx>
- Whistler Olympic Park: www.whistlerolympicpark.com
- Meadow Park Sports Centre: www.whistler.ca/meadowpark
- Whistler Farmers' Market: www.whistlerfarmersmarket.org
- Ziptrek Ecotours: www.ziptrek.com
- Squamish Lil'wat Cultural Centre: slcc.ca
- Art Galleries: www.whistler.com/arts
- Whistler Museum: www.whistlermuseum.org

Libraries: 1 public library

Shopping Malls: Boutiques in Whistler Village and Whistler Creekside Village

Movie Theatres: 1 multiplex theatre

High Schools: 1 Public High School

Public Transit: Public bus system

Transit to school may include: Public bus /
School bus/ Walking

Average Temperatures: [° c]

Ave	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
High	0	3	7	11	16	19	20	19	17	14	11	-1
Low	-6	-4	-3	1	4	4	5	4	2	4	2	-6

Discover: Sea-to-Sky



AMAZING OUTDOOR ADVENTURE SPORTS



WORLD-CLASS SKIING OPPORTUNITIES
Whistler and others



FIRST NATIONS CULTURE



WELCOMING SCHOOLS



HOME OF WHISTLER VILLAGE



CITY OF VANCOUVER: 1-2 HOURS DRIVE



Sea-to-Sky...rugged, picturesque, amazing

<https://www.hellobc.com/places-to-go/sea-to-sky>

The drive up the Sea-to-Sky highway from Vancouver's Horseshoe Bay toward Whistler inspires awe and amazement as you travel through some of British Columbia's most beautiful scenery. Communities set in rugged mountains and pristine lakes provide an immersion based in Canadian and native culture and adventure sport opportunities.

Location: north of Vancouver on British Columbia's west coast

Outdoor Sports: Boating • Canoeing • Cross-Country Skiing • Cycling • Diving • Fishing • Fly Fishing • Golfing • Heli-skiing • Hiking • Horseback Riding • Kayaking • Kite-boarding • Mountain Biking • Roller-blading • Sailing • Skating • Nordic and Alpine Skiing • Snowboarding • Whale Watching • White Water Rafting

Recreation for students: Aboriginal Heritage • Art Galleries • Coffee shops • Festivals • Libraries • Music concerts • Movies • Museums • Parks • Restaurants (formal and fast food) • Rivers and lakes for kayaking, canoeing, sailing • Ski Resorts • Shopping • Sports • Youth recreational centres

Why Sea-to-Sky region?

- Beautiful region - mountains, lakes and ocean views
- Excellent recreation - skiing/snowboarding, mountain biking, wildlife viewing
- Close to Whistler for skiing enthusiasts
- Native culture